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—FOR IMMEDIATE RELEASE—
CITY OF CHAMBLEE POLICE DEPARTMENT
OFFERS STOP THE BLEED CLASS

May 7, 2019—The City of Chamblee Police Department, along with Community Health Associates, is offering a Stop the Bleed class. Held Saturday, May 11, at either 10:00 am – noon or 1:00 p.m. – 3:00 p.m., this free program provides emergency care and stopping life threatening bleeding before emergency responders arrive. This truly lifesaving training is an important skill for all residents, business owners, athletic coaches, clergy leaders, educators and others to have.

Most serious bleeding can be stopped by applying direct pressure, but in some circumstances the use of a tourniquet is required to stop bleeding. Previously, the use of tourniquets had been restricted to experienced medical professionals, but studies have shown them to be both effective and SAFE for use in the community to control life threatening bleeding. It's always important to call 911 and provide the emergency operator with as much information as possible to ensure the proper resources are sent.

The class will highlight the following tips should you encounter someone with bleeding:

- Identify the source of the bleeding and apply direct pressure to the affected area and allow the site to clot.
- It's important not to remove the initial bandage as doing so can remove the clot that is forming and increase bleeding.
- If direct pressure does not work and the wound is on an extremity such as an arm or leg, the use of a tourniquet may be appropriate.
- Always protect yourself from bloodborne pathogens by wearing Personal Protective Equipment (PPE) such as gloves and then immediately washing your hands with soap and water after you finish rendering care.

To sign up, visit: <https://www.bit.ly/ChambleeStoptheBleed>. For programmatic information, visit the National Stop the Bleed Program website: www.bleedingcontrol.org. For any other information, please contact Lt. Guy Antinozzi at the Chamblee Police Dept at 770-986-5005 or gantinozzi@chambleega.gov.

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Located just 14 miles from downtown Atlanta, Chamblee is a vibrant urban city with a diverse community and international flair. The City of Chamblee began as a small rail town and was incorporated in 1908. It has grown to more than seven square miles and nearly 30,000 residents. Chamblee is home to a heavy rail MARTA station, a historic downtown and Antique Row, the vibrant Buford Highway Corridor, DeKalb-Peachtree Airport (PDK), the Centers for Disease Control and a thriving business community with a unique sense of entrepreneurship and optimism.