

THE SIGNAL

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A City on the Right Track

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Police Emergency - 911

September is National Preparedness Month (NPM). NPM is sponsored by FEMA's *Ready* Campaign in partnership with Citizen Corps and the Advertising Council and is designed to encourage Americans to take simple steps to prepare for emergencies in their homes, businesses and communities.

Your family may not be together when disaster strikes, so it is important to plan in advance how you will contact one another, how you will get back together and what you will do in different situations. This is only a small portion of the information available. Visit www.ready.gov/america for more information.

Family Emergency Plan

- Identify an **out-of town contact**. It may be easier to make a long-distance phone call than to call across town, so an **out-of-town contact** may be in a better position to communicate among separated family members.
- Be sure every member of your family **knows the phone number** and has a cell phone, **coins**, or a **prepaid phone card** to call the emergency contact. If you have a cell phone, program that person(s) as "ICE" (In Case of Emergency) in your phone. If you are in an accident, emergency personnel will often check your ICE listings in order to get in touch with someone you know. Make sure to tell your family and friends that you've listed them as emergency contacts.
- Teach family members how to use text messaging (also known as SMS or Short Message Service). Text messages can often get around network disruptions when a phone call might not be able to get through.
- Subscribe to **alert services**. Many communities now have systems that will send instant text alerts or e-mails to let you know about bad weather, road closings, local emergencies, etc. Sign up by visiting <http://www.ready.gov/america/local/index.html>

Deciding to Stay or Go

Depending on your circumstances and the nature of the emergency, the first important decision is whether you stay where you are or evacuate. You should understand and plan for both possibilities. Use common sense and available information, including what you are learning here, to determine if there is an immediate danger. In any emergency, local authorities may or may not immediately be able to provide information on what is happening and what you should do. However, you should watch TV, listen to the radio, or check the Internet often for information or official instructions as they become available.

Emergency Information

Find out what kinds of disasters, both natural and man-made, are most likely to occur in your area and how you will be notified. Methods of emergency alerts vary from community to community. One common method is to broadcast via **emergency radio** and **TV broadcasts**. You might hear a special siren, get a telephone call, or emergency workers may go door-to-door. Visit

http://www.ready.gov/america/makeaplan/shelter_in_place.html to view the Shelter-In-Place diagram.

Whether you are at home, work or elsewhere, there may be situations when it's simply best to stay where you are and avoid any uncertainty outside.

There are other circumstances when staying put and creating a barrier between yourself and potentially contaminated air outside, a process known as "sealing the room," as a matter of survival. Use available information to assess the situation. If you see large amounts of debris in the air, or if local authorities say the air is badly contaminated, you may want to take this kind of action.

The process used to seal the room is considered a temporary protective measure to create a barrier between you and potentially contaminated air outside. It is a type of sheltering in place that requires preplanning.

To "Shelter in Place and Seal the Room"

- Bring your family and pets **inside**.
- **Lock** doors, **close** windows, air vents and fireplace dampers.
- **Turn off** fans, air conditioning and forced air heating systems.
- **Take your emergency supply kit** unless you have reason to believe it has been contaminated.
- **Go into an interior room** with few windows, if possible.
- **Seal** all windows, doors and air vents with plastic sheeting and duct tape. Consider measuring and cutting the sheeting in advance to save time.
- Be prepared to **improvise** and use what you have on hand to **seal gaps** so you can create a barrier between yourself and contamination.

- Local authorities may not immediately be able to provide information on what is happening and what you should do

However, you should **watch TV, listen to the radio or check the Internet often for official news** and instructions as they become available.

Learn how and when to turn off utilities. If there is damage to your home or you are instructed to turn off your utilities, follow these steps:

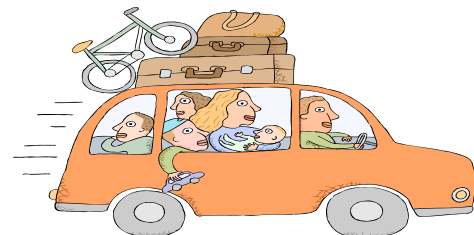
- Locate the electric, gas and water shut-off valves.
- Keep necessary tools near gas and water shut-off valves.
- Teach adult family members how to turn off utilities.
- **If you turn the gas off, a professional must turn it back on. Do not attempt to do this yourself.**

Evacuating

There may be conditions under which you will decide to evacuate, or there may be situations when you are ordered to evacuate. Plan how you will assemble your family and anticipate where you will go. Choose several destinations in different directions so you have options in an emergency.

Create an evacuation plan:

- **Plan places** where your family will meet, both within and outside of your immediate neighborhood.
- If you have a car, keep a **half tank of gas** in it at all times in case you need to evacuate.
- Become familiar with **alternate routes** and other means of transportation out of your area.
- If you **do not have a car**, plan how you will leave if you have to.
- **Take your emergency supply kit** unless you have reason to believe it has been contaminated.
- **Lock** the door behind you.



If time allows:

- Call or email the "out-of-state" contact in your family communications plan.
- Tell them where you are going.
If there is damage to your home and you are instructed to do so, shut off water, gas and electricity before leaving.
- Leave a note telling others when you left and where you are going.
- Check with neighbors who may need a ride.

You may need to survive on your own after an emergency. This means having your own food, water and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, or even a week or longer.

Recommended Items to Include in a Basic Emergency Supply Kit:

- **Water**, one gallon of water per person per day for at least three days, for drinking and sanitation
- **Food**, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- **First aid kit**
- Whistle to signal for help
- **Dust mask**, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Cell phone with chargers, inverter or solar charger

Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. You can use the **EFFAK** Emergency Financial First Aid Kit - PDF, 277Kb) developed by Operation Hope, FEMA and Citizen Corps to help you organize your information
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Household chlorine bleach and medicine dropper. When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. In an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, plastic utensils and paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

Find out how to keep food safe during and after an emergency by visiting:

<http://www.foodsafety.gov/keep/>

In any emergency a family member or you may be cut, burned or suffer other injuries. If you have these basic supplies you are better prepared to help your loved ones when they are injured. Remember, many injuries are not life threatening and do not require immediate medical attention. Knowing how to treat minor injuries can make a difference in an emergency. Consider taking a first aid class, but simply having the following things can help you stop bleeding, prevent infection and assist in decontamination.

Things you should have:

- Two pairs of latex, or other **sterile gloves** (if you are allergic to latex).
- **Sterile dressings** to stop bleeding.
- **Cleansing agent**/soap and antibiotic towelettes to disinfect.
- **Antibiotic ointment** to prevent infection.
- **Burn ointment** to prevent infection.
- **Adhesive bandages** in a variety of sizes.
- **Eye wash solution** to flush the eyes or as general decontaminant.
- **Thermometer** (Read more: [Biological Threat](#))
- **Prescription medications** you take every day such as insulin, heart medicine and asthma inhalers. You should periodically rotate medicines to account for expiration dates.
- **Prescribed medical supplies** such as glucose and blood pressure monitoring equipment and supplies.

Things that may be good to have in your kit:

- Cell phone with charger
- Scissors
- Tweezers
- Tube of petroleum jelly or other lubricant

Non-prescription drugs:

- Aspirin or nonaspirin pain reliever
- Anti-diarrhea medication
- Antacid (for upset stomach)
- Laxative

Pets:

Pets are just as important to families in the event of emergency and they also need their own emergency supply kit:

- Take your **pets** with you, but understand that only service animals may be permitted in public shelters. Plan how you will care for your pets in an emergency.
- Be sure to pack your pet's emergency supply kit filled with at least a three-day supply of food, water and other supplies, such as medical records, owner's documentation, cat litter and other necessary sanitary items and medication.



There are several kinds of emergencies:

- Fires
- Explosions
- Extreme heat
- Earthquakes
- Floods
- Hurricanes
- Tornadoes
- Winter Storms
- Thunderstorms
- Biological Threat
- Black Outs
- Chemical Threats

Here's Something To Think About...

Commit a weekend to updating telephone numbers, buying emergency supplies and reviewing your emergency plan with everyone. For those of you with children, play a game like a scavenger hunt, to collect the items for the emergency kit. Not only will they have fun doing it, they will know that they participated in preparing for an emergency. They will also know where everything is in the event of emergency.



EMPLOYEE of the MONTH

From Public Works

This month's Public Works employee is Eddie Mosley. He began working for the City in July 2008. He is one of our Equipment Operators and operates the following vehicles: packer, open bed, tractor trailer, and backhoe. Eddie and his wife, Debra, have been married for 16 years. They have 5 children and 8 grandchildren. Eddie is a Pastor with the Saint Paul Baptist Church in Decatur. His interests include horses and fishing.

SENIOR BREAKFAST CLUB

The Chamblee Seniors Breakfast Club will kick off its 2010 season at the Chamblee Civic Center located at 3540 Broad Street at 10:30 am on Thursday, September 2nd. Please make a note of the new monthly meeting time. You will be entertained by a performance of the play "The Green Light" staged by the Silver Stars Senior Group. If you are not signed up as a permanent member, please call or email for a reservation. Contact Becky Craven, rmcraven@bellsouth.net, 770-457-3834 or Evelyn Kennedy, erdken@bellsouth.net, 770-451-4891. If you are a permanent member, only call if you are unable to attend. The monthly contribution will remain at \$2.00.



PUBLIC HEARINGS

Variance request at 1801 Hickory Rd to allow a new home to project up to 10 feet in front of the front door threshold and to allow the newly built threshold to be 2 feet higher and closer to the street than the original threshold.

This Public Hearing will be held on September 16, 2010 at 6:00pm at the Chamblee Civic Center.

CHAMBLEE BUSINESS ASSOCIATION

The Chamblee Business Association will meet on Thursday, September 16th from 8-9am at the Chamblee Civic Center. John Harris, who has written a book that targets entrepreneurs, entitled "*Flashpoint: Seven Core Strategies for Rapid Fire Business Growth*." In Flashpoint, Harris discusses the seven strategies essential for business growth regardless of the company or industry.

Networking begins at 7:30am; meeting with speakers and announcements starts at 8am. Admission: First time guest are free, \$5 for members.

The Chamblee Business Association is directed by local business people with the purpose of making Chamblee a great place to do business!! Dues start as low as \$100 for individual membership. For more information, please refer to:

<http://www.chambleebusinessassociation.com/>

GO PAPERLESS:

You can save paper by receiving this newsletter online. And better yet, the online version is in COLOR!

Just email Libby Galvin at lgalvin@chambleega.com and request to be removed from the mailing list by providing your name and physical mailing address. The newsletter will then arrive automatically to your email address.

How simple is that?

A Reminder From The Public Works Department

Leaf season is almost upon us. Please remember to place rocks, limbs, logs, garbage, and leaves in **separate piles for pickup**. All these items are recycled and have different end users and are collected by different trucks. Therefore, they must be piled separately to ensure proper handling without impeding service times. Do not mix construction debris with yard trimmings. Any of the above items mixed with leaves will damage the impeller inside the leaf machine and this could jeopardize collection times and create unsafe conditions for the workers. **Leaves are to be placed in loose piles on the ground on the residents' side of the curb.** The leaf machine is run through the entire city once a week. Because of the volume, there is no set day when the leaf machine will be in your area. We rotate the starting point of collection each week to ensure that everyone gets equal pickups.

All trash should be bagged, tied, and put out at the street before 8:00 a.m. Contact us at 770-986-5019 with any questions or concerns.

CHAMBLEE BUSINESS ASSOCIATION

The **Chamblee Business Association** is looking forward to the next "Business After Hours". This is an extraordinary networking opportunity for our members and guests. The event will take place **Tuesday September 14th from 5:30-7:30pm at The 57th Fighter Group Restaurant** at 3829 Clairmont Rd, Atlanta 30341. Appetizers will be provided and a cash bar is available along with plenty of networking. The event is free for CBA members and \$10 for non members. Invite a Friend!

The website is <http://the57threstaurant.com/> (770) 234-0057.

We look forward to seeing you there to enjoy the great weather and to meet other Chamblee business people.



"The Chamblee Farmers Market" is now in season! Please join us every Saturday in the Frosty Caboose parking lot from 8:30 until 11:30 am. Near-by parking is free courtesy of Vintage Pizza! Local volunteers worked around the clock to line up some incredible vendors. Expect to find farm-fresh Southern produce, lively music, chef demonstrations and more. Visit www.chambleefarmersmarket.com for vendor updates and upcoming events.